Multimedia contents are prepared in Marathi, Hindi and English with video clippings of babies doing the related activities.

| Milestones | Age Group 0 to 3 | Age Group 3 to 6 | Age Group 6 to 9 | Age Group 9 to 12 |
|---|---------------------|---------------------|---------------------|----------------------|
| Physical milestones and Fine Movement | 4 | 5 | 5 | 6 |
| Social and emotional milestones | 1 | 1 | 3 | 3 |
| Cognitive learning, thinking and problem -solving | | 4 | 4 | 3 |
| Language or communication | 1 | 4 | 1 | 5 |
| Hearing | 2 | 1 | 2 | 3 |
| Total | 8 | 15 | 15 | 20 |

| Stimulation Videos- Home based Remedial Exercises | Details | Language | Milestone Video | Stimulation Video |
|---|---------|-------------|--------------------|----------------------|
| Age Group 0 to 3 | | Marathi | 58 | 20 |
| Age Group 3 to 6 | 7 | Hindi | 58 | 20 |
| Age Group 6 to 9 | 13 | English | 58 | 20 |
| Age Group 9 to 12 | | Total Video | 174 | 60 |
| Total | 20 | Total | 234 | |